

First Sunday in Lent C

6 March 2022

THE LITURGY OF THE WORD

First Reading

Deuteronomy 26:4-10

A reading from the book of Deuteronomy

Moses spoke to the people, saying:

"When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God:

"A wandering Aramean was my ancestor;
he went down into Egypt and lived there as an alien, few in number,
and there he became a great nation, mighty and populous.
When the Egyptians treated us harshly and afflicted us,
by imposing hard labour on us,
we cried to the Lord, the God of our ancestors;
the Lord heard our voice
and saw our affliction, our toil, and our oppression.

"The Lord brought us out of Egypt
with a mighty hand and an outstretched arm,
with a terrifying display of power; and with signs and wonders;
and he brought us into this place and gave us this land,
a land flowing with milk and honey.
So now I bring the first of the fruit of the ground
that you, O Lord, have given me."

And Moses continued,

"You shall set it down before the Lord your God
and bow down before the Lord your God."

The word of the Lord.

Thanks be to God.

Responsorial Psalm

Ps 90:1-2, 10-15

R. Be with me, Lord, when I am in trouble.

You who live in the shelter of the Most High
who abide in the shadow of the Almighty
will say to the Lord: 'My refuge and my fortress;
my God in whom I trust!' **R.**

No evil shall befall you,
no scourge come near your tent.
For he will command his angels concerning you
to guard you in all your ways. **R.**

On their hands they will bear you up,
So that you will not dash your foot against a stone.
You will tread on the lion and the adder,
the young lion and the serpent you will trample under foot. **R.**

Those who love me, I will deliver;
I will protect those who know my name.
When they call to me, I will answer them;
I will be with them in trouble,
I will rescue them and honour them. **R.**

Second Reading

Romans 10:8-13

A reading from the letter of Paul to the Romans

Brothers and sisters,
what does scripture say?

"The word is near you,
on your lips and in your heart"

(that is, the word of faith that we proclaim);
because if you confess with your lips that Jesus is Lord
and believe in your heart that God raised him from the dead,
you will be saved.

For one believes with the heart and so is justified,
and one confesses with the mouth and so is saved.

The scripture says,
"No one who believes in him will be put to shame."
For there is no distinction between Jew and Greek;
the same Lord is Lord of all
and is generous to all who call on him.
For, "Everyone who calls on the name of the Lord shall be saved."
The word of the Lord.
Thanks be to God.

Gospel Acclamation

Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory!
No one lives on bread alone,
but on every word that comes from the mouth of God.
Praise to you, Lord Jesus Christ, king of endless glory!

Gospel

Luke 4:1-13

A reading from the holy gospel according to Luke
Jesus, full of the Holy Spirit, returned from the Jordan
and was led by the Spirit in the wilderness,
where for forty days he was tempted by the devil.
He ate nothing at all during those days,
and when they were over, he was famished.
The devil said to him,
"If you are the Son of God,
command this stone to become a loaf of bread."
Jesus answered him,
"It is written, 'One does not live by bread alone.'"
Then the devil led him up
and showed him in an instant all the kingdoms of the world.
And the devil said to him,
"To you I will give their glory and all this authority;
for it has been given over to me,
and I give it to anyone I please.
If you, then, will worship me, it will all be yours."

Jesus answered him,

"It is written,

'Worship the Lord your God, and serve only him.'"

Then the devil took him to Jerusalem,

and placed him on the pinnacle of the temple, saying to him,

"If you are the Son of God, throw yourself down from here,

for it is written,

'He will command his angels concerning you, to protect you,'

and 'On their hands they will bear you up,

so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said,

'Do not put the Lord your God to the test'"

When the devil had finished every test,

he departed from him until an opportune time.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.