

Seventh Sunday in Ordinary Time C

20 February 2022

THE LITURGY OF THE WORD

First Reading

1 Samuel 26:2, 7-9, 12-13, 22-23

A reading from the first book of Samuel

Having heard that David was hiding out in the desert, Saul rose and went down to the Wilderness of Ziph, with three thousand chosen men of Israel, to seek David in the Wilderness of Ziph.

David and Abishai went into Saul's army by night; there Saul lay sleeping within the encampment, with his spear stuck in the ground at his head; and Abner and the army lay around him.

Abishai said to David,

"God has given your enemy into your hand today; now therefore let me pin him to the ground with one stroke of the spear; I will not strike him twice."

But David said to Abishai,

"Do not destroy him; for who can raise his hand against the Lord's anointed, and be guiltless?"

So David took the spear that was at Saul's head and the water jar, and they went away.

No one saw it, or knew it, nor did anyone awake; for they were all asleep, because a deep sleep from the Lord had fallen upon them.

Then David went over to the other side, and stood on top of a hill far away, with a great distance between them.

David called aloud to Saul,

"Here is the spear, O king!

Let one of the young men come over and get it.

The Lord rewards everyone for his righteousness
and his faithfulness;
for the Lord gave you into my hand today,
but I would not raise my hand against the Lord's anointed.

As your life was precious today in my sight,
so may my life be precious in the sight of the Lord,
and may he rescue me from all tribulation.

Then Saul said to David, "Blessed are you, my son, David!
You will do many things and will succeed in them."

So David went his way, and Saul returned to his place.

The word of the Lord.

Thanks be to God.

Responsorial Psalm

Ps 102:1-4, 8, 10, 12-13

R. The Lord is kind and merciful.

Bless the Lord, O my soul,
and bless all that is within me, bless his holy name.
Bless the Lord, O my soul,
and do not forget all his benefits. **R.**

It is the Lord who forgives all your iniquity,
who heals all your diseases,
who redeems your life from the Pit,
who crowns you with steadfast love and mercy. **R.**

The Lord is merciful and gracious,
slow to anger and abounding in steadfast love.
He does not deal with us according to our sins,
nor repay us according to our iniquities. **R.**

As far as the east is from the west,
so far he removes our transgressions from us.
As a father has compassion for his children,
so the Lord has compassion for those who fear him. **R.**

Second Reading

1 Corinthians 15:45-49

A reading from the first letter of Paul to the Corinthians

It is written:

"The first man, Adam, became a living being";
the last Adam became a life-giving spirit.

But it is not the spiritual that is first,
but the physical, and then the spiritual.

The first was from the earth, made of dust;
the second is from heaven.

As was the one of dust, so are those who are of the dust;
and as is the one of heaven, so are those who are of heaven.

Just as we have borne the image of the one of dust,
we will also bear the image of the one of heaven.

What I am saying, brothers and sisters, is this:
flesh and blood cannot inherit the kingdom of God,
nor does the perishable inherit the imperishable.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

John 13:34

Alleluia, alleluia!

I give you a new commandment;
love one another as I have loved you.

Alleluia!

Gospel

Luke 6:27-38

A reading from the holy gospel according to Luke

Jesus addressed a great crowd of his disciples,
together with the multitude from Judea, Jerusalem, Tyre and Sidon.

"I say to you that listen:

Love your enemies, do good to those who hate you,
bless those who curse you,
pray for those who abuse you.

If anyone strikes you on the cheek, offer the other also;
and from anyone who takes away your coat

do not withhold even your shirt.

Give to everyone who begs from you;
and if anyone takes away your goods,
do not ask for them again.

Do to others as you would have them do to you."

"If you love those who love you,
what credit is that to you?

For even sinners love those who love them.

If you do good to those who do good to you,
what credit is that to you?

For even sinners do the same.

If you lend to those from whom you hope to receive,
what credit is that to you?

Even sinners lend to sinners, to receive as much again.

But love your enemies,

do good, and lend, expecting nothing in return.

Your reward will be great, and you will be
children of the Most High;

for he is kind to the ungrateful and the wicked.

Be merciful, just as your Father is merciful."

"Do not judge, and you will not be judged;

do not condemn, and you will not be condemned.

Forgive, and you will be forgiven;

give, and it will be given to you.

A good measure, pressed down, shaken together, running over;
will be put into your lap;

for the measure you give will be the measure you get back."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.