

# First Sunday of Lent A

1 March 2020

## THE LITURGY OF THE WORD

### First Reading

Genesis 2:7-9, 3:1-7

A reading from the book of Genesis

The Lord God formed man from the dust of the ground,  
and breathed into his nostrils the breath of life;  
and the man became a living being.

And the Lord God planted a garden in Eden, in the east;  
and there he put the man whom he had formed.

Out of the ground the Lord God made to grow  
every tree that is pleasant to the sight and good for food,  
the tree of life also in the midst of the garden,  
and the tree of the knowledge of good and evil.

Now the serpent was more crafty than any other wild animal  
that the Lord God had made.

He said to the woman, "Did God say,  
'You shall not eat from any tree in the garden'?"

The woman said to the serpent,  
"We may eat of the fruit of the trees in the garden;  
but God said, 'You shall not eat of the fruit of the tree  
that is in the middle of the garden,  
nor shall you touch it, or you shall die.'"

But the serpent said to the woman,  
"You will not die;  
for God knows that when you eat of it your eyes will be opened,  
and you will be like God, knowing good and evil."

So when the woman saw that the tree was good for food,  
and that it was a delight to the eyes,  
and that the tree was to be desired to make one wise,  
she took of its fruit and ate;  
and she also gave some to her husband, who was with her,  
and he ate.

Then the eyes of both were opened,  
and they knew that they were naked;  
and they sewed fig leaves together  
and made loincloths for themselves.

The word of the Lord.

**Thanks be to God.**

### **Responsorial Psalm**

Ps 50:3-6, 12-14, 17

**R.** Be merciful, O Lord, for we have sinned.

Have mercy on me, God, in your kindness.

In your compassion blot out my offence.

O wash me more and more from my guilt

and cleanse me from my sin. **R.**

My offences truly I know them;

my sin is always before me.

Against you, you alone, have I sinned;

what is evil in your sight I have done. **R.**

A pure heart create for me, O God,

put a steadfast spirit within me.

Do not cast me away from your presence,

nor deprive me of your holy spirit. **R.**

Give me again the joy of your help;

with a spirit of fervour sustain me.

O Lord, open my lips

and my mouth shall declare your praise. **R.**

### **Second Reading**

Romans 5:12-19

A reading from the letter of Paul to the Romans

Just as sin came into the world through one man,

and death came through sin,

so death spread to all, because all have sinned.

Sin was indeed in the world before the law,

but sin is not reckoned when there is no law.

Yet death exercised dominion from Adam to Moses,

even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass.

For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many.

And the free gift is not like the effect of that one person's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification.

If, because of the trespass of one, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one, Jesus Christ.

Therefore just as the trespass of one led to condemnation for all, so the act of righteousness of one leads to justification and life for all. For just as by the disobedience of one person the many were made sinners, so by the obedience of one person the many will be made righteous.

The word of the Lord.

**Thanks be to God.**

### **Gospel Acclamation**

Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory!  
No one lives on bread alone,  
but on every word that comes from the mouth of God.  
Praise to you, Lord Jesus Christ, king of endless glory!

## **Gospel**

Matthew 4:1-11

A reading from the holy gospel according to Matthew

After being baptized,

Jesus was led up by the Spirit

into the wilderness to be tempted by the devil.

He fasted forty days and forty nights,

and afterwards he was famished.

The tempter came and said to him,

"If you are the Son of God,

command these stones to become loaves of bread."

But he answered, "It is written,

'One does not live by bread alone,

but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city

and placed him on the pinnacle of the temple, saying to him,

"If you are the Son of God, throw yourself down;

for it is written, 'He will command his angels concerning you,'

and 'On their hands they will bear you up,

so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written,

'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain

and showed him

all the kingdoms of the world and their splendour;

and he said to him,

"All these I will give you,

if you will fall down and worship me."

Jesus said to him, "Away with you, Satan!

for it is written,

'Worship the Lord your God, and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**